

# B.A. Bulletin

December 2000

## Important Health Benefits News for Benefits Administrators

## Upcoming Events

### DEC

**Dec. 20 ♦** Employee Annual Report published, shipped beginning January 2

**Dec. 31 ♦** Deadline for employees to enroll in long-term care insurance without proof of good health

**Dec. 31 ♦** Last day for processing of Flexible Benefit Annual Enrollment election forms

### JAN

**Jan. 1 ♦** Flexible Reimbursement Accounts and new retiree premiums go into effect

**Jan. 5 ♦** Deadline for Flexible Reimbursement Account listings to be verified and faxed to FBMC

**Jan. 10 ♦** General Assembly convenes for 6-week session

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Virginia Department of Human Resource  
Management

## Eligibility for Employee Assistance

Because of recent questions, we are issuing a clarification on which employees are eligible to participate in an Employee Assistance Program (EAP). Only employees enrolled in a health plan offered under the State Health Benefits Program are eligible for EAP benefits. Employees who waive health coverage are not eligible.

## EmployeeDirect Statistics

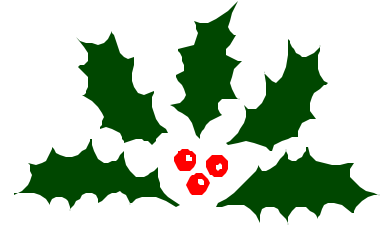
- ♦ More than 940 people successfully logged in, but nearly 160 were unable to connect. Of those logging in, over 560 (about 60%) made changes to their Flexible Reimbursement Accounts.
- ♦ The Office of Health benefits responded to 155 e-mails within one business day of receipt.
- ♦ In the online survey, the top three features rated good or fair by employees were the login, screens, and EmployeeDirect brochure.

## Health Plan Contacts for Benefits Administrators

Attached for your use is a list of contacts for both the statewide and regional health plans ([click here](#) for Health Plans Contact List). We also will post the list on the Department of Human Resource Management (DHRM) web site at [www.dhrm.state.va.us/hbenefit.htm](http://www.dhrm.state.va.us/hbenefit.htm) under Resources for B.A.s.

## Current Addresses More Vital Than Ever!

The number of Spotlight newsletters returned for incorrect addresses was substantially higher for the October issue than for the last two newsletters. Please remind employees at your agency to send you their address changes. It also is important to key address changes promptly into BES.



**Wishing You a Joyful  
Holiday Season!**

## Reminder: Children Approaching Age 23

The end of the year is fast approaching. Remember that by Dec. 31, employees must drop from their health plans children who have celebrated a 23<sup>rd</sup> birthday in 2000.

Any child turning 23 (unless disabled) can no longer be carried as a dependent on a health plan at the end of the calendar year in which the birthday occurs, or the end of the month in which he or she becomes self-supporting, whichever is first. When a dependent marries, he or she becomes ineligible for a state health plan.

Dependent children with a disability, regardless of their age, may continue to be covered if they cannot be self-supporting because of a severe mental or physical disability diagnosed while enrolled in a health plan. However, remember that to continue coverage an employee must submit a request and supporting medical documentation to the plan prior to the time the disabled child becomes ineligible for coverage due to age.



## CONTACT SHEET BENEFIT ADMINISTRATORS

CARRIER	CONTACT
Aetna US Healthcare	Contact One 1.800.442.6069
CIGNA HealthCare 7501 Boulders View Drive Suite 600 Richmond, VA 23225	Germma Pope - Medical Phone: 804.560.3936 Fax: 804.560.3946 <a href="mailto:germma.pope@cigna.com">germma.pope@cigna.com</a> Denise Pernice - Dental Phone 954.423.5503 Fax: 954.423.5480 <a href="mailto:Denise.pernice@cigna.com">Denise.pernice@cigna.com</a>
Kaiser Permanente 1608 Spring Hill Road Suite 120 Vienna, VA 22182	Maureen Breheny Phone: 703.873.1503 Fax: 703.873.1535 <a href="mailto:maureen.m.breheny@kp.org">maureen.m.breheny@kp.org</a>
Magellan Behavioral Health 804 Moorefield Park Drive Suite 304 Richmond, VA 23236	Susan Rice 1.800.775.5138 Fax: 804.327.1271 <a href="mailto:Smrice@magellanhealth.com">Smrice@magellanhealth.com</a>
Mid Atlantic Medical Services, Inc. (MAMSI – Optimum Choice) 3951 Westerre Parkway Suite 260 Richmond, VA 23233	Member Services 1.800.605.8202 Anne Turner - Account Manager Clint Jackson - Regional Manager Phone: 1.800.989.0721 Fax: 540.774.0965 <a href="http://www.mamsi.com">www.mamsi.com</a> <a href="mailto:aturner@mamsi.com">aturner@mamsi.com</a> <a href="mailto:cjackson@mamsi.com">cjackson@mamsi.com</a>
Piedmont Community HealthCare, Inc. Post Office Box 2455 Lynchburg, VA 24501	Cheryl Midkiff Phone: 804.947.4463 ext. 216 Fax: 804.947.3670 or 804.947.4465 <a href="mailto:cmidkiff@pchp.net">cmidkiff@pchp.net</a>
Trigon Blue Cross Blue Shield Member Services – Mail Drop 03K Post Office Box 27401 Richmond, VA 23279	Member Services Phone: 804.355.8506 in Richmond or 1.800.552.2682 outside Richmond